



# Participant Registration BCMOS 30 Accessible Nature Weekend

*Please forward this form to*

David Ostro  
Suite 318 - 425 Carrall Street  
Vancouver, BC V6B 6E3  
Phone: 604-688-6464 ext. 107  
Fax: 604-688-6463  
[bcmos30@disabilityfoundation.org](mailto:bcmos30@disabilityfoundation.org)

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_  
Phone (home): \_\_\_\_\_ (work): \_\_\_\_\_  
Cell phone: \_\_\_\_\_ Email: \_\_\_\_\_

**We will make all event updates via email**

## MEDICAL INFORMATION

Nature of disability: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Mobility Aids:  Power Wheelchair  Manual Wheelchair  Scooter  Crutches  Cane  
 Other \_\_\_\_\_

Medications: \_\_\_\_\_  
\_\_\_\_\_

Allergies: \_\_\_\_\_  
\_\_\_\_\_

Family doctor: \_\_\_\_\_ Phone: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ BC Service Card No.: \_\_\_\_\_

## EMERGENCY CONTACTS

Name:	Phone:	Relationship:
1. _____	_____	_____
2. _____	_____	_____

Do you know of anyone interested in volunteering for BCMOS 30? \_\_\_\_\_  
\_\_\_\_\_

## ACCOMMODATION INFORMATION

Which weekend are you interested in attending?  June 15 – 17  July 20 – 22  Aug. 17 – 19

Do you need assistance with personal care?  Yes  No

If yes, do you have someone to accompany you to provide for those needs?  Yes  No

What is their name and relationship to you? \_\_\_\_\_

Do you require a lift to transfer in and out of bed?  Yes  No

Do you have any dietary restrictions?  Yes  No If yes, please describe: \_\_\_\_\_

Space is available for friends and family to stay in an RV or tent at Agur Lake Camp, do you have friends or family who would like to accompany you?  Yes  No If yes, how many? \_\_\_\_\_

Please note that you will need to confirm in advance what type of camping they would like (RV or tent)

Are your guests willing and able to assist with TrailRider hikes, paddling, or other activities?  Yes  No

If yes, which activity(ies)? \_\_\_\_\_

## ACTIVITY INFORMATION

What activities are you interested in trying while at Agur Lake Camp?

TrailRider  Adaptive Kayak  Adaptive Paddleboard  Fishing  Handcycling  Rock Climbing

Other, please describe: \_\_\_\_\_

Which if these activities have you tried before?

TrailRider  Adaptive Kayak  Adaptive Paddleboard  Fishing  Handcycling  Rock Climbing

Other, please describe: \_\_\_\_\_

Do you have any adaptive sports equipment to bring along for the weekend?  Yes  No

If yes, please describe: \_\_\_\_\_

Other activities available at Agur Lake Camp include adult swings, child safety swing, sandboxes, badminton net and basketball hoop. Be sure to bring a good book, board games, crafts, camera, or anything else that you like to do to relax and enjoy a peaceful outdoor experience.

Are you interested in helping support BCMOS, and the BCMOS 30 project by taking part in a peer-to-peer (P2P) fundraising campaign?  Yes  No

BCMOS will provide all of the information and materials you need, including helping you set up your own P2P fundraising page. This is a great opportunity to network with others, spread the word about adaptive recreation, and help generate support so that others can have opportunities to experience nature.

# **BCMOS 30 TERMS AND CONDITIONS**

## **1. PARTICIPANTS**

Participation in the event is open to people with a physical disability, with the event's activities most suited to people with mobility limitations that require a wheelchair.

## **2. REGISTRATION**

Interested participants can download and complete a fillable registration form from the BCMOS website, indicating their preferred weekend, nature of their disability, people who would accompany them (and their ability to help with activities), activities they would participate in, etc.

A refundable deposit of \$100 will be required as a "place-holder fee" and is to be submitted along with a signed registration form, which includes a liability waiver.

## **3. INFORMATION PACKAGE**

When people register for an Accessible Nature weekend, they will receive an information package including directions to Agur Lake, itinerary of activities, participant responsibilities, suggested clothing and accessories, etc.

## **4. ORIENTATION**

An orientation session will be held on Friday afternoon of each weekend, to welcome participants, outline the itinerary and schedule of activities for the weekend and have participants sign up the various recreational activities offered.

This will also be an opportunity to get to know all of the participants for the weekend, finalize any special needs or arrangements that were requested and ensure that people have everything they need to have a safe, enjoyable stay.

This is the time and place to ask questions.

## **5. ACTIVITIES**

Part of the focus of each weekend is to introduce participants to the accessible outdoor recreational experiences available through BCMOS and a range of programs throughout BC. A schedule of activities will be developed to coordinate participants and volunteers and ensure that people experience the activities that interest them.

Participants will be encouraged to try adaptive activities that enable people with limited mobility to be active and enjoy the outdoors, including:

- Adaptive hiking, using the BCMOS-designed TrailRider, a one-wheel, eco-friendly non-motorized device powered by two or more volunteers (number of volunteers needed dependent on the terrain)
- Adaptive paddling, using either the Onit Board, an adaptive paddleboard designed for wheelchair users, or an adaptive kayak, specially modified to accommodate people with limited mobility

In addition to hiking and paddling, Agur Lake features amenities that provide opportunities for a range of other activities, including:

- wheelchair-accessible trails around the lake and camp, including a boardwalk across a riparian area, featuring a loop trail and interpretive signs
- two lakeside docks, which provide wheelchair access to the lake for fishing and an adjacent observation deck, with a picnic table and benches
- a basketball hoop, badminton net and small playground

The camp is in a remote area, with no telephone land line or television service. Cell phone service is limited, but the Camp Supervisor can access cell phone coverage for emergency use.

## 6. ARRIVAL AND DEPARTURE

**Participants are responsible for their own transportation to and from the camp.** Escorts for participants' vehicles up and down the logging road which connects Agur Lake to the Princeton-Summerland Road are available if requested at least 48 hours in advance. Other details include:

- Check-in time on Friday is 3:00 pm, but if a cabin was unoccupied the night before, participants will be able to get settled earlier.
- Check-out time on Sunday is 11:00 am, but once again, if a cabin is not booked for Sunday night, participants will be able to enjoy the day's activities and check out in the afternoon.

## 7. ACCOMMODATIONS

Agur Lake Camp is a barrier-free camp, located in the mountains west of Summerland, BC. Accommodations at the camp include:

- Three fully-accessible cabins
- Each cabin sleeps six, with two bedrooms containing two single, adjustable hospital beds with rails; Cabin 2 has ceiling tracks in the bedroom
- Fold-out couches in each living room sleeps two
- Participants are asked to bring their own bedding (sheets and blankets, or sleeping bag), pillow(s) and towels, as well as a sling for lifts, if required
- Bathrooms are spacious, with roll-in showers, roll-under sinks and grab bars
- Each cabin has a full kitchen, with oven, stove, refrigerator, microwave, toaster, coffee maker, cookware, dishes and utensils for six people
- The camp also includes seven RV camp sites. There are no service hook-ups, but water and a fully accessible outdoor biffy are available

## 8. PETS

Only registered assist animals are permitted at Agur Lake Camp. Owners will be required to provide evidence of the animal's certification as a registered assist animal.

## 9. MEALS

Each cabin has a fully-equipped kitchen for participants, if they like to prepare their own meals. In addition, communal meals will be offered, to encourage social interaction and share experiences.

- Dinner: Evening meals will be offered at the camp's covered pavilion, with a chili cookout on Friday night and a BBQ on Saturday night. Vegetarian and vegan options will be available, upon request.
- Lunch: Picnic lunches will be available for participants and volunteers, providing flexibility of timing and can be eaten at the picnic area pavilion, at one's cabin, by the lake, or on a hike.
- Breakfast: Participants will be responsible for providing their own breakfast on Saturday and Sunday.

## 10. PERSONAL CARE

Personal care is the responsibility of each individual, Agur Lake and BCMOS do not provide caregivers, but will assist participants to transfer to and from their wheelchair into adaptive equipment for hiking and paddling. Participants should bring:

- All personal needs, including personal slings for the lift, medical devices, ventilator system with a battery backup, etc.
- A personal first aid kit
- Bedding, towels, dish cloths, etc. (there are no laundry facilities at the camp)
- Two flashlights, for emergencies and at night. There are no trail lights.
- Warm clothing for cool mornings and evenings, the temperature can be 10 degrees cooler than Summerland.
- Bug spray, sunblock, etc.

## 11. MEDICAL INFORMATION

All participants will be required to complete a medical questionnaire. This information will be kept confidential.

## 12. INSURANCE

Participants and volunteers are covered under the general insurance of the Agur Lake Camp Society and the British Columbia Mobility Opportunities Society.

Participants and volunteers must sign a liability waiver and a personal image release form before taking part in the event. This waiver confirms that the individual is aware of the inherent dangers and risk associated with the activities.

## 13. EMERGENCIES

If an individual becomes injured or ill during the event then a qualified person will carry out appropriate action. They will administer the level of care that is required and will phone all necessary parties involved.

# Participant's Release of Liability, Waiver of Claims, Medical Waiver, Assumptions of Risks and Indemnity and Image Consent

By signing this document, you are agreeing to the Terms and Conditions listed above, and will waive certain legal rights including the right to sue. Please read carefully.

## ASSUMPTION OF RISKS

**I AM AWARE THAT THERE IS POTENTIAL RISK FOR PERSONAL INJURY INVOLVED IN PARTICIPATION IN ANY PHYSICAL ACTIVITY.** I freely accept and fully assume all such risks, dangers and hazards, including the possibility of personal injury (including but not limited to: **bumps, bruises, cuts, scrapes, concussion, broken bones, infections, abrasions and hypothermia**), death and/or property loss resulting from my participation in this BCMOS activity.

I am also aware that I should discuss my participation in this activity with my physician to determine the effect on my current health.

## RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

In consideration of approval to participate in BCMOS activities, I hereby agree as follows:

\_\_\_\_\_ **Initial** **TO WAIVE ANY AND ALL CLAIMS** that I have or may in the future have against BCMOS, its directors, officers, employees, volunteers, representatives, other participants and partner organizations (Sam Sullivan Disability Foundation and its affiliated societies, Agur Lake Camp Society, all of whom are hereinafter collectively referred to as "The Releasees";

\_\_\_\_\_ **Initial** **TO RELEASE THE RELEASEES** from any and all liability for any loss, damage, injury or expense that I suffer, or my next of kin may suffer as a result of my participation in this activity due to any cause whatsoever **INCLUDING NEGLIGENCE, BREACH OF CONTRACT OR BREACH OF ANY STATUTORY OR OTHER DUTY OF CARE.** I acknowledge my responsibility to ensure adequate medical, personal health, dental and accident insurance coverage, as well as protection of my personal possessions;

\_\_\_\_\_ **Initial** **TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES** from any and all liability for any damage to property of, or personal injury to, any third party resulting from my participation in BCMOS activities;

\_\_\_\_\_ **Initial** This agreement shall be effective and binding upon my heirs, next of kin, executors, administrators, assigns and representatives in the event of my death or incapacity;

\_\_\_\_\_ **Initial** In entering into this Agreement, I am not relying upon any oral or written representations or statements made by the Releasees other than what is set forth in this Agreement;

\_\_\_\_\_ **Initial** I grant permission to BCMOS and/or their designates to proceed in any manner they deem necessary in the case of medical emergency involving myself (or my child/ward). I am releasing the right for this information to be shared with BCMOS volunteers, staff, and/or medical staff who are in contact or responsible for my (or my child / ward's) participation in the program;

\_\_\_\_\_ **Initial** BCMOS and/or their designates often take photographs/videos of participants and staff while programs are operating. These pictures may be used for promotional purposes, training, and public education. I give my permission for photographs/videos to be taken of myself / my child / ward, and for these to be subsequently published.

**I HAVE READ AND UNDERSTAND THIS AGREEMENT AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND ASSIGNS MAY HAVE AGAINST THE RELEASEES.**

Date: \_\_\_\_\_

Participant Signature: \_\_\_\_\_ Print Name: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Print Name: \_\_\_\_\_  
(If participant is under 19 years of age)

Witness: \_\_\_\_\_ Print Name: \_\_\_\_\_

IF YOU ARE SIGNING FOR SOMEONE 19 YEARS OF AGE OR OLDER, DO YOU HAVE LEGAL COMMITTEESHIP or a REPRESENTATION AGREEMENT IN PLACE?  Yes  No **INITIALS** \_\_\_\_\_